

# Health and Safety Policy and Procedure

## **Introduction**

1. As a childminding setting, we are committed to ensuring the safety and well-being of all children in our care. This policy outlines our procedures for maintaining a safe environment, and how we adhere to the requirements of the Early Years Foundation Stage (EYFS) framework. We also outline our procedures for managing allergies and intolerances to ensure the safety of all children in our care.

## **Risk Assessment**

2. We conduct regular risk assessments of our premises, equipment and activities to ensure the safety of the children in our care. We take into consideration the individual needs of each child and their age, stage of development and any additional needs or disabilities. Risk assessments are reviewed regularly and updated as required.

## **Equipment and Facilities**

3. We ensure that all equipment and facilities are safe and appropriate for the age and stage of development of the children in our care. We regularly check equipment and facilities to ensure that they are in good condition and safe to use. We also ensure that all equipment and materials used meet relevant safety standards.

## **Hygiene and Sanitation**

4. We maintain high standards of hygiene and sanitation to prevent the spread of infection. We ensure that all areas used by the children are clean, and that we follow good hygiene practices such as regular hand washing and use of disposable gloves when necessary. We also ensure that all toilets and changing facilities are cleaned and sanitized regularly.

## **Managing Allergies and Intolerances**

5. We take all necessary precautions to manage allergies and intolerances of the children in our care. We ask parents or guardians to provide information on any allergies or intolerances, and we carry out a risk assessment to identify any potential risks. We ensure that all staff are trained in managing allergies and intolerances, and that medication is stored and administered safely. We also ensure that all staff are aware of emergency procedures and are able to recognize the signs and symptoms of an allergic reaction.

## **Emergency Procedures**

6. We have clear procedures in place for managing emergencies such as fire, flood, or severe weather. We have a designated safe place in our garden for emergency evacuations and alternative locations such as Royston park/playground or grannies if required. We also ensure that all staff are trained in emergency procedures and know what to do in the event of an emergency.

## **EYFS Requirements**

7. We adhere to the requirements of the Early Years Foundation Stage (EYFS) framework, which includes ensuring that all children are safe, healthy, and protected from harm. We provide a safe and secure environment, and we promote healthy eating and physical activity. I also ensure that I am trained in safeguarding and promoting the welfare of children and follow the guidelines which I mentioned in my safeguarding policy.

## **Review and Update**

8. This policy and procedure is reviewed and updated regularly to ensure that it remains effective and relevant. Any changes or updates will be communicated to staff, parents, and guardians as required.

In summary, our Health and Safety Policy and Procedure ensures that we maintain a safe and secure environment for the children in our care, adhering to the requirements of the EYFS framework and managing allergies and intolerances appropriately.