

Behaviour Management Policy

As a childminder, my top priority is to provide a safe, nurturing, and positive environment for all children in my care. Positive behaviour is actively promoted, and any inappropriate behaviour is addressed in a sensitive, consistent, and effective manner. I believe that responsive behaviour management strategies are essential in helping children feel respected, valued, and listened to. This policy reflects the requirements of the Early Years Foundation Stage (EYFS 2025).

Responsive Behaviour Management Strategies

- Positive reinforcement – encouraging positive behaviour by acknowledging and praising children when they exhibit good behaviour.
- Redirection – if a child engages in inappropriate behaviour, redirecting them to another activity that is positive and engaging.
- Modelling – demonstrating the positive behaviour and social skills I expect from the children in my care.
- Active listening – validating children's feelings and supporting them to communicate appropriately.
- Problem-solving – working with children to develop problem-solving skills and teaching them how to manage their own behaviour.

Promoting Positive Behaviour

I provide a positive and supportive environment where children feel valued and respected. Children are encouraged to be independent, make choices, and express themselves in appropriate ways. Clear boundaries and expectations are set that are consistent with children's ages and stages of development.

Curriculum Approach to Behaviour and Wellbeing

I follow the Hygge approach in my setting, which places emphasis on outdoor learning, mindfulness, and supporting children's mental health. Through calm, nature-based activities, children have opportunities to regulate their emotions, build resilience, and develop a sense of belonging. This approach underpins positive behaviour, helping children to feel secure, confident, and able to manage challenges.

Supporting Self-Regulation and Emotional Wellbeing

Children's behaviour is often an expression of their feelings, needs, and experiences. I support children in developing self-regulation by helping them to understand and express their feelings safely. Through co-regulation, I provide comfort, guidance, and calming strategies such as breathing exercises, sensory play, and quiet spaces. Over time, children are supported to build independence in recognising and managing their emotions.

Inclusion and Equality

Behaviour management strategies take account of each child's age, stage of development, and individual needs, including any SEND or cultural considerations. I work closely with

parents and, where appropriate, external professionals to ensure consistent and inclusive support for children.

Managing Challenging Behaviour

If a child displays inappropriate or challenging behaviour, I respond calmly and consistently using the strategies outlined above. I seek to identify the cause of the behaviour and work with the child and their family to find effective solutions. If challenging behaviour continues, I may request a meeting with parents to establish alternative age-appropriate strategies.

Prohibited Practices

Children are never subjected to physical punishment, harsh or degrading treatment, or any practice that shames or humiliates them. I provide guidance with respect and empathy, ensuring children's dignity is always protected.

Recording and Monitoring Behaviour

I keep accurate records of significant incidents of challenging behaviour. This information is monitored to identify patterns and issues and is shared with parents to agree consistent strategies.

Partnership with Parents

I work closely with parents to ensure consistency in expectations and approaches between home and the setting. Strategies are discussed and agreed collaboratively so children feel supported and secure.

Review and Update

This policy is reviewed annually, or sooner if EYFS requirements, Sutton Council guidance, or best practice recommendations change. Feedback from parents and, where appropriate, children is used to inform updates.